

**Our team is still here
to provide mental
health and emotional
wellbeing support over
the holiday period.**



Chat Availability Dates and Times

Thursday 23/12/21
12pm - 10:00pm

Monday 27/12/21
4pm - 8:00pm

Friday 31/12/21
12pm - 6:00pm

Friday 24/12/21
12pm - 8:00pm

Tuesday 28/12/21
4pm - 8:00pm

Saturday 1/01/22
4pm - 8:00pm

Saturday 25/12/21
4pm - 8:00pm

Wednesday 29/12/21
12pm - 10:00pm

Sunday 2/01/22
6pm - 10:00pm

Sunday 26/12/21
6pm - 10:00pm

Thursday 30/12/21
12pm - 10:00pm

Monday 3/01/22
4pm - 8:00pm

Find support today by visiting qwell.io