

**PDS Long Term Planning Document 25/26**

Cycle 1	Week 3	Week 5	Week 7	Week 9	Week 11	Week 13
	<b>Big Teach:</b> British Values <b>Big DEAR:</b> Values/ Responsibility online	<b>Big Teach:</b> Online Safety <b>Big DEAR:</b> Trusting online content	<b>Big Teach:</b> Misinformation and disinformation <b>Big DEAR:</b> Protecting our diversity/ Cyberbullying	<b>Big Teach:</b> Consent <b>Big DEAR:</b> Black History month/ Consent	<b>Big Teach:</b> Healthy Relationships <b>Big DEAR:</b> Remembrance/ Healthy Balance	<b>Big Teach:</b> Healthy Balance <b>Big DEAR:</b> Wellbeing/ Resilience
Cycle 2	Week 2	Week 4	Week 6	Week 8	Week 10	Week 12
	<b>Big Teach:</b> The Changing Body <b>Big DEAR:</b> Dealing with discrimination/ Identifying abuse	<b>Big Teach:</b> Substance Misuse <b>Big DEAR:</b> Diligence	<b>Big Teach:</b> Mental Wellbeing <b>Big DEAR:</b> Mutual Respect	<b>Big Teach:</b> Being safe, respectful relationships, and misogyny. <b>Big DEAR:</b> Resilience	<b>Big Teach:</b> Respectful relationships and anti-racism. <b>Big DEAR:</b> Tolerance	<b>Big Teach:</b> Families <b>Big DEAR:</b> Diversity
Cycle 3	Week 2	Week 4	Week 6	Week 8	Week 10	Week 12
	<b>Big Teach:</b> Personal Safety – Knife Crime <b>Big DEAR:</b> Autonomy	<b>Big Teach:</b> First Aid <b>Big DEAR:</b> Prudence	<b>Big Teach:</b> Pride Month <b>Big DEAR:</b> Mutual Respect	<b>Big Teach:</b> Health Protection and Prevention, and Understanding the Healthcare System <b>Big DEAR:</b> Good judgement	<b>Big Teach:</b> Knowing your own mind <b>Big DEAR:</b> Autonomy	<b>Big Teach:</b> Safe Summers <b>Big DEAR:</b> Safety

The PDS curriculum is subject to change depending on issues that arise in our community or wider society.