

PDS Long Term Planning Document 25/26

Cycle 1	Week 3	Week 5	Week 7	Week 9	Week 11	Week 13
	Big Teach: British Values Big DEAR: Values/ Responsibility online	Big Teach: Online Safety Big DEAR: Trusting online content	Big Teach: Misinformation and disinformation Big DEAR: Protecting our diversity/ Cyberbullying	Big Teach: Consent Big DEAR: Black History month/ Consent	Big Teach: Healthy Relationships Big DEAR: Remembrance/ Healthy Balance	Big Teach: Healthy Balance Big DEAR: Wellbeing/ Resilience
Cycle 2	Week 2	Week 4	Week 6	Week 8	Week 10	Week 12
	Big Teach: The Changing Body Big DEAR: Dealing with discrimination/ Identifying abuse	Big Teach: Substance Misuse Big DEAR: Diligence	Big Teach: Mental Wellbeing Big DEAR: Mutual Respect	Big Teach: Being safe, respectful relationships, and misogyny. Big DEAR: Resilience	Big Teach: Respectful relationships and anti-racism. Big DEAR: Tolerance	Big Teach: Families Big DEAR: Diversity
Cycle 3	Week 2	Week 4	Week 6	Week 8	Week 10	Week 12
	Big Teach: Personal Safety – Knife Crime Big DEAR: Autonomy	Big Teach: First Aid Big DEAR: Prudence	Big Teach: Pride Month Big DEAR: Mutual Respect	Big Teach: Health Protection and Prevention, and Understanding the Healthcare System Big DEAR: Good judgement	Big Teach: Knowing your own mind Big DEAR: Autonomy	Big Teach: Safe Summers Big DEAR: Safety

The PDS curriculum is subject to change depending on issues that arise in our community or wider society.